- (2) Training "to improve the employee's performance \* \* \* of his or her current position" is distinguished from upward mobility training or developmental training to provide an employee the knowledge or skills needed for a subsequent position in the same career field.
- (c) Time spent by an employee within an agency's allowance of preparatory time for attendance at training shall be considered hours of work if such preparatory time is:
- (1) During an employee's regular working hours; or
- (2) Outside the employee's regular working hours, and the purpose of the training meets the requirements of paragraph (a) (2) of this section.
- (d) Time spent attending a lecture, meeting, or conference shall be considered hours of work if attendance is:
- (1) During an employee's regular working hours; or
- (2) Outside an employee's regular working hours, and
- (i) The employee is directed by an agency to attend such an event; or
- (ii) The employee performs work for the benefit of the agency during such attendance.

[45 FR 85664, Dec. 30, 1980, as amended at 64 FR 69180, Dec. 10, 1999]

# § 551.424 Time spent adjusting grievances or performing representational functions.

- (a) Time spent by an employee adjusting his or her grievance (or any appealable action) with an agency during the time the employee is required to be on the agency's premises shall be considered hours of work.
- (b) "Official time" granted an employee by an agency to perform representational functions during those hours when the employee is otherwise in a duty status shall be considered hours of work. This includes time spent by an employee performing such functions during regular working hours (including regularly scheduled overtime hours), or during a period of irregular, unscheduled overtime work, provided an event arises incident to representational functions that must be dealt with during the irregular, unscheduled overtime period.

### § 551.425 Time spent receiving medical attention.

- (a) Time spent waiting for and receiving medical attention for illness or injury shall be considered hours of work if:
- (1) The medical attention is required on a workday an employee reported for duty and subsequently became ill or was injured;
- (2) The time spent receiving medical attention occurs during the employee's regular working hours; and
- (3) The employee receives the medical attention on the agency's premises, or at the direction of the agency at a medical facility away from the agency's premises.
- (b) Time spent taking a physical examination that is required for the employee's continued employment with the agency shall be considered hours of work.

#### § 551.426 Time spent in charitable activities.

Time spent working for public or charitable purposes at an agency's request, or under an agency's direction or control, shall be considered hours of work. However, time spent voluntarily in such activities outside an employee's regular working hours is not hours of work.

#### SPECIAL SITUATIONS

## § 551.431 Time spent on standby duty or in an on-call status.

(a)(1) An employee is on duty, and time spent on standby duty is hours of work if, for work-related reasons, the employee is restricted by official order to a designated post of duty and is assigned to be in a state of readiness to perform work with limitations on the employee's activities so substantial that the employee cannot use the time effectively for his or her own purposes. A finding that an employee's activities are substantially limited may not be based on the fact that an employee is subject to restrictions necessary to ensure that the employee will be able to perform his or her duties and responsibilities, such as restrictions on alcohol consumption or use of certain medications.